



# BICESTER VISION

## **Cyber Security Essentials – Protecting Your Business in a Digital Age**

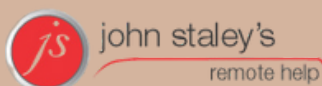
**Page 1 and 2 – Your Cyber Security  
Checklist**

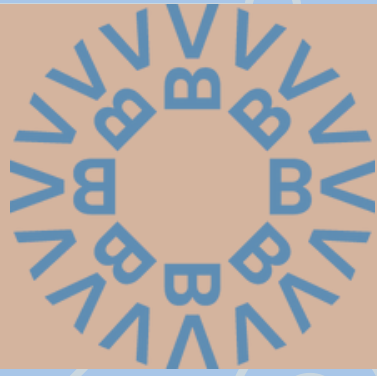
**Page 3 – Links and URL's**

**Page 4 – Hardware, Software, Apps**

**John Staley – [red@johnstaley.co.uk](mailto:red@johnstaley.co.uk)  
Josh Read – [joshua.read@celerity-uk.com](mailto:joshua.read@celerity-uk.com)  
Bicester Vision – [info@bicestervision.co.uk](mailto:info@bicestervision.co.uk)**

Hosted in collaboration with:





# **Your Cyber Security Checklist:**

## **General:**

- 1. Complete your Free Cyber Action Plan on NCSC**
- 2. Check regularly for phone and laptop software updates**

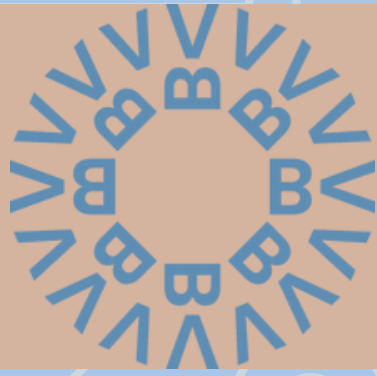
## **Password security:**

- 1. Check if your Email had been accessed (have I been pwned)**
- 2. Check if your Password has been accessed (have I been pwned)**
- 3. Decide on your method of Password storage (virtual or physical)**
- 4. Purchase a Yubi Key and program it for added protection**
- 5. Set up 2 Factor Authentication on accounts**

## **Phone and Backups:**

- 1. Set up Find My Phone**
- 2. Set up a backup email**
- 3. Do a 3 2 1 back up of your data – 3 copies, in 2 different media types, with one copy off site**

Hosted in collaboration with:

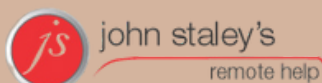


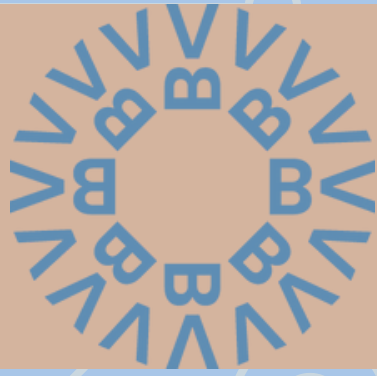
## Your Cyber Security Checklist:

### Phishing and Suspicious Links:

1. **Check URL links if suspicious**
2. **TRAIN your staff (local or virtual training can be found easily online)**
3. **TEST your training using phishing simulations**
4. **REPORT on the findings of your phishing simulations, using simple metrics, to find weak spots in training and teams**
5. **Create your incident response plan**

Hosted in collaboration with:

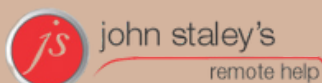


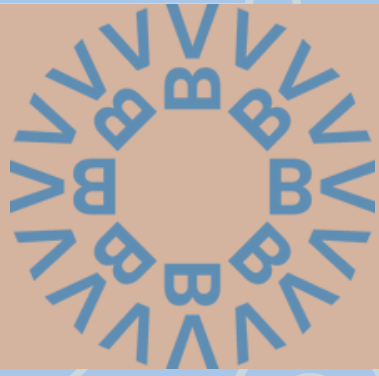


## Links and URL's

- **Have I been Pwned – [click here](#)**
- **Nation Cyber Security Centre – [click here](#)**
- **Free Cyber Action Plan – [click here](#)**
- **2 Factor Authentication demo – [click here](#)**
- **Test malicious Websites – [click here](#)**
- **Check suspicious links – [virus total](#) and [browserling](#)**
- **Incident response planning – [click here](#)**

Hosted in collaboration with:





## Hardware, software and apps

- **Password storage – Last Pass app**
- **Authenticator Apps – Google and Microsoft**
- **Yubi Keys – can be found by google searching, with variety of price points**
- **Cloud back ups – Google, Onedrive, Sharedrive etc**
- **Physical back up – Google search harddrives and purchase based on budget and storage capacity**
- **Find My Phone – info on how to set up can be found in your phone settings**
- **Phishing Simulations – Gophish, KnowBe4, Microsoft Security**

Hosted in collaboration with:

